



# Hampshire Buddhist Society

## Newsletter for Summer 2017

The object of the Hampshire Buddhist Society is to make known the principles of Buddhism and to encourage the study and practice of those principles.

### Special Events

On **Thursday 4<sup>th</sup> May** Ajahn Karuniko, the abbot of Chithurst Buddhist Monastery, will lead the Theravada Group meeting.

On **Saturday 6<sup>th</sup> May** a memorial stone for Robert Elliot will be installed at Chithurst Buddhist Monastery. See below for details.

On **Sunday 17<sup>th</sup> September** Ajahn Karuniko will lead a one day retreat. See below for further details.

If you would like to come to any of our special events, please tell us. We share cars for events at remote locations so the cost is very reasonable.

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### Day Retreat with Ajahn Karuniko



The Theravada Group warmly welcomes you to a Day Retreat at the Hamblin Trust, Bosham, on Sunday 17<sup>th</sup> September. Ajahn Karuniko, the Abbot of Chithurst Monastery, will be leading the day.

The retreat will start at 10.00am, but we recommend that people arrive at 9.30am. The day will end at 5.00pm.

The retreat will consist of dhamma teaching, sitting & walking meditation, and question opportunities. The purpose of the day is to become acquainted with key aspects of the Buddha's teaching through the practice of

meditation. The programme will be suitable for newcomers as well as established meditators.

Please bring your contribution to a 'pot-luck' vegetarian shared lunch. Tea, coffee and water will be provided. Chairs will be available, but you might like to bring your own meditation cushion.

There is no fixed charge for this retreat, but there will be a bowl available for contributions towards the cost of the day including a gift to the monastery.

The full address is: The Hamblin Trust, Bosham House, Main Road, Bosham, PO18 8PJ.

If you are interested, please e-mail the following address:

[hbs-day-retreats@gmx.co.uk](mailto:hbs-day-retreats@gmx.co.uk)

The Hamblin Trust can be found at:

[www.thehamblintrust.org.uk](http://www.thehamblintrust.org.uk)



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## Jane Browne

*Steve Mansell*



Jane Browne, one of the founders of the Hampshire Buddhist Society, died peacefully on 5<sup>th</sup> February with her son by her side reading the Mangala Sutta. She was 92.

Jane was a disciple of Ajahn Maha Boowa, one of the great Buddhist teachers of the 20<sup>th</sup> century.

Ajahn Karuniko, the abbot of Chithurst Buddhist Monastery, visited her a few days before she died and found her in good spirits. Fourteen members of the Forest Sangha, from all four UK monasteries, broke their winter retreat to attend her funeral, including Ajahn Amaro, who led the Buddhist part of the service, Ajahn Karuniko and Ajahn Sundara. Roberta and I were there to represent HBS.

Jane attended our 50<sup>th</sup> anniversary tree planting at Chithurst in October although she was ill at the time. We are very grateful for her contribution to the Society over the years.

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## The Mangala Sutta

Thus have I heard. On one occasion the Exalted One was dwelling at Anathapindika's monastery, in Jeta's Grove, near Savatthi. Now when the night was far spent, a certain deity whose surpassing splendor illuminated the entire Jeta Grove, came to the presence of the Exalted One and, drawing near, respectfully saluted him and stood at one side. Standing thus, he addressed the Exalted One in verse:

"Many deities and men, yearning after good, have pondered on blessings. Pray, tell me the greatest blessing!"

*[The Buddha:]*

"Not to associate with the foolish, but to associate with the wise; and to honor those who are worthy of honor — this is the greatest blessing.

To reside in a suitable locality, to have done meritorious actions in the past and to set oneself in the right course — this is the greatest blessing.

To have much learning, to be skillful in handicraft, well-trained in discipline, and to be of good speech — this is the greatest blessing.

To support mother and father, to cherish wife and children, and to be engaged in peaceful occupation — this is the greatest blessing.

To be generous in giving, to be righteous in conduct, to help one's relatives, and to be blameless in action — this is the greatest blessing.

To loathe more evil and abstain from it, to refrain from intoxicants, and to be steadfast in virtue — this is the greatest blessing.



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To be respectful, humble, contented and grateful; and to listen to the Dhamma on due occasions — this is the greatest blessing.

To be patient and obedient, to associate with monks and to have religious discussions on due occasions — this is the greatest blessing.

Self-restraint, a holy and chaste life, the perception of the Noble Truths and the realisation of Nibbana — this is the greatest blessing.

A mind unruffled by the vagaries of fortune, from sorrow freed, from defilements

cleansed, from fear liberated — this is the greatest blessing.

Those who thus abide, ever remain invincible, in happiness established. These are the greatest blessings."

*"Mangala Sutta: Blessings" (Khp 5), translated from the Pali by Narada Thera. Access to Insight (Legacy Edition), 30 November 2013, <http://www.accesstoinsight.org/tipitaka/kn/khp/khp.5.nara.html>.*

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## A Memorial Stone for Robert Elliot

Robert Elliot was Secretary of HBS and leader of the Theravada Group for many years. He died last year and a tree was planted in his memory at Chithurst Buddhist Monastery.

On Saturday 6th May there will be a further ceremony at Chithurst in his memory. There will be a Dana blessing for Robert at the

midday meal at 11:30 and afterwards a memorial stone will be placed by Robert's tree and Ajahn Karuniko, the abbot, will give a blessing.

If you would like to go but have no transport or if you can offer a lift to others, please let us know and we will try to coordinate.

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## Chithurst Buddhist Monastery Events

On Sunday 7<sup>th</sup> May, the monastery will hold its annual Vesak celebration. Vesak commemorates the birth, enlightenment and death/Parinirvana of the Buddha.

On Sunday 11<sup>th</sup> June, the monastery will hold its annual International Thod Pah Pa day. 'Thod Pha Pa' in Thai means 'to offer forest

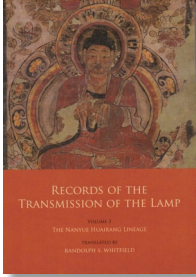
cloth' and is an occasion which reflects the mutual support of the lay and monastic communities.

Details are available from the Chithurst web site, [www.cittaviveka.org](http://www.cittaviveka.org) under the Announcements menu.



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## Additions to the Library



'Records of the Transmission of the Lamp, Volume 3: The Nanyue Huairang Lineage' translated by Randolph S Whitfield is the third part of an 11<sup>th</sup> century Chinese compilation of biographies of the Ch'an (Zen) patriarchs. Randolph is a long-standing member of the Zen Centre group.

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## Contact Details

### **Hampshire Buddhist Society**

32 Norfolk Road, Shirley, Southampton,  
SO15 5AS  
[www.hampshirebuddhistsociety.org.uk](http://www.hampshirebuddhistsociety.org.uk)  
023 8049 6315

### **The Buddhist Society**

58 Eccleston Square, London, SW1V 1PH  
[www.thebuddhistsociety.org](http://www.thebuddhistsociety.org)  
020 7834 5858

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### **Chithurst Buddhist Monastery**

Chithurst, Nr. Rogate, Petersfield,  
Hampshire, GU31 5EU  
[www.cittaviveka.org](http://www.cittaviveka.org)

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### **The Zen Centre**

58 Marlborough Place, London, NW8 0PL  
[www.rinzaizencentre.org.uk](http://www.rinzaizencentre.org.uk)  
020 7624 4987

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### **Amaravati Buddhist Monastery**

Great Gaddesden, Hemel Hempstead,  
Hertfordshire, HP1 3BZ  
[www.amaravati.org](http://www.amaravati.org)

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### **The Zen Gateway**

[www.thezengateway.com](http://www.thezengateway.com)

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Contributions to the newsletter are welcome. Please send them to us by email or post.

If you would like to be removed from the mailing list, please tell us.



# Hampshire Buddhist Society

## Programme for Summer 2017

### May

Wed	3	Zen	Zazen
Thurs	4	Theravada	Meditation & Dhamma with Ajahn Karuniko
Sat	6	Joint	Memorial Stone Installation for Robert Elliot, Chithurst Buddhist Monastery
Wed	10	Zen	Zazen
Wed	17	Zen	Zazen
Thurs	18	Theravada	Meditation & Dhamma
Wed	24	Zen	Zazen
Sun	28	Zen	Zen Sunday, The Buddhist Society, London
Wed	31	Zen	Open Meeting

### June

Thurs	1	Theravada	Meditation & Dhamma
Wed	7	Zen	Soko Roshi Memorial
Wed	14	Zen	Zazen
Thurs	15	Theravada	Meditation & Dhamma
Wed	21	Zen	Zazen
Sun	25	Zen	Zen Sunday, The Buddhist Society, London
Wed	28	Zen	Open Meeting

### July

Wed	5	Zen	Zazen
Thurs	6	Theravada	Meditation & Dhamma
Wed	12	Zen	Sojun Kannun Roshi Memorial
Wed	19	Zen	Zazen
Thurs	20	Theravada	Meditation & Dhamma
Wed	26	Zen	Open Meeting
Sun	30	Zen	Zen Sunday, The Buddhist Society, London

### August

Wed	2	Zen	Zazen
Thurs	3	Theravada	Meditation & Dhamma
Wed	9	Zen	Zazen
Wed	16	Zen	Open Meeting
Thurs	17	Theravada	Meditation & Dhamma
Wed	23	Zen	Recess
Wed	30	Zen	Recess

### September

Wed	6	Zen	Zazen
Thurs	7	Theravada	Meditation & Dhamma

Wednesday and Thursday evening meetings start at 7.30 pm. Please arrive early.

The Calendar and Blog pages of the HBS web site may contain information about events arranged after the publication of this newsletter.